

Sign up for a free self defense class for women, taught by Brookline Police Officers. RAD is designed to educate women in the basic risk awareness, avoidance techniques, and confrontational principles. RAD is dedicated to teaching women defensive concepts and techniques against various types of assaults, by utilizing easy, effective, and proven self-defense/martial arts tactics. Contact Officer R. McNeil 617-730-2414 for more information.

The next class will be held on March 9, 11 and 16th at 6pm at the Devotion School. To register for this class, please contact Officer McNeil at 617-730-2414.